

## CINCINNATI EAST CHAPTER

**NEWSLETTER - AUGUST 2019** 

### **UPCOMING MEETINGS**

August 27, 2019 Keys To Your Journey

**September 24, 2019** Heading Into The Holidays

#### STEERING COMMITTEE

Co-Leaders

Lindsay Bibler 513.652.7470

Kathy Elliott-Reisinger 859.475.8873

#### Treasurer

Jane & Bruce Brumbaugh 513.377.3487

### Memorial Garden Chair

Susan Geisinger 513.732.0493

Angie Grimsley Carol Hoobler Dave Ficks Doug Eisele Irene Gilb Teri Fox

### **Regional Chapter Leadership Training**

The Regional Chapter Leadership Training Program is a one-day training program that is free of charge to all TCF Chapter Leadership (or anyone who would like to be involved in leadership). Learn about facilitating a group discussion, how to manage a successful chapter, community outreach and chapter finances. This is also a great opportunity to network with local chapter leadership.

The program will be held at Christ Hospital Liberty (Rooms B & C), located at 6939 Cox Road, Liberty Township, OH 45069.

Registration begins at 7:30 am with a continental breakfast at 8:00 am. There will be a snack in midafternoon. Pizza delivery is available at a cost of \$5 per person. Attendees can bring their own lunch, dine at the hospital café, or select one of the nearby restaurants. The program will run until 4:30 pm.

This program is being facilitated by Karen Pinsky and Ed VonBorgen. Karen can be reached at 513-207-8714 or karenpinsky@gmail.com

Download registration form at:

https://server2.charityadvantageservers.com/client/TCFGreaterCincinnati\_ KO72JQE3N8/Leadership Training Enrollment.pdf

We do not walk alone. We are The Compassionate Friends.

website: www.tcfcincy.com • email: tcfcincyeast@gmail.com

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### **UPCOMING GROUP ACTIVITIES**

### Ladies' Coffee & Conversation • Saturday, August 10 • 9:00 am

Come out Saturday, August 10 at 9:00 am for coffee and conversation with the ladies. We'll meet at Panera Bread at 7510 Wooster Pike Cincinnati, OH 45227. No RSVP required. We hope to see you there!

### Men's Dinner • Tuesday, August 13 • 6:30 pm

The men will meet for dinner and fellowship. Please let Doug Eisele know via text or email (513.509.3237 or doug@eiselefineart.com) by Monday, August 12 at noon if you plan to attend. Further details & location will be determined based on number of RSVPs received. If you know of other grieving dads, brothers, or grandfathers who may want to attend, please reach out and invite them. Ask them to RSVP before Monday, August 12 at noon.

### Ladies Yoga & Potluck • Wednesday, August 14 • 6:30 pm

Join the ladies for gentle chair yoga, led by Angie Grimsley, followed by a pot luck dinner. The gathering will be held at 4101 Independence Drive, Cincinnati 45255 (off Beechmont near 275). Please RSVP by Monday, August 12 to tcfcincyeast@gmail.com, Angie (513-252-4496), or Carol (513-528-5842 - no texts). RSVP should include what you'll be bringing.

### August Monthly Meeting • Tuesday, August 27 • 7:00 pm

Keys To Your Journey. Sharing circle will follow the program.



We have a private group available on Facebook for Cincinnati East Chapter members. Join us!

https://www.facebook.com/groups/tcfcincinnatieast/



Support our chapter with Kroger Rewards. Just enter "JY262" in the search to select our chapter!

http://www.krogercommunityrewards.com/



Shopping through Amazon Smile is another easy way to benefit our chapter.

Shop at <a href="http://smile.amazon.com/ch/36-4051958">http://smile.amazon.com/ch/36-4051958</a>

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