



# *The Compassionate Friends*

Supporting Family After a Child Dies

## CINCINNATI EAST CHAPTER NEWSLETTER - SEPTEMBER 2019

### UPCOMING MEETINGS

**September 24, 2019**

Heading Into The Holidays

**October 22, 2019**

Topic To Be Announced

### STEERING COMMITTEE

#### **Co-Leaders**

Lindsay Bibler  
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Kathy Elliott-Reisinger  
859.475.8873

#### **Treasurer**

Jane & Bruce Brumbaugh  
513.377.3487

#### **Memorial Garden Chair**

Susan Geisinger  
513.732.0493

Angie Grimsley  
Carol Hoobler  
Dave Ficks  
Doug Eisele  
Irene Gilb  
Teri Fox

### Heading Into The Holidays

Holidays are for being with those we love the most, so how on earth can anyone be expected to cope with them when their child has died? For many of us, particularly those very new in their journey, holidays are one of the hardest parts of grieving, and we miss our loved ones even more than usual.

Join us Tuesday, September 24 as we explore ways to get through the holiday season. Tell us what's worked for you on holidays past, or how you plan to cope this year. Holidays are tough for all of us, let's share our tips and tricks with one another to make the season just a smidge more tolerable.

### Memories Of Love, Melodies Of Hope In Music City

The 2019 TCF Regional Conference will be held October 18-19 in Nashville, Tennessee. The \$95 per person registration includes all speakers and workshops as well as dinner and the candle lighting on Friday, and both continental breakfast and lunch on Saturday. In addition to the workshops, activities will include a hospitality room, Crafty Corner, Butterfly Boutique, and silent auction.

*For more information & to download registration form:*

<https://www.compassionatefriends.org/event/regional-conference-nashville-tn/>

**We do not walk alone.**

**We are The Compassionate Friends.**

website: [www.tcfcincy.com](http://www.tcfcincy.com) • email: [tcfcincyeast@gmail.com](mailto:tcfcincyeast@gmail.com)

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### UPCOMING GROUP ACTIVITIES

#### **Ladies' Coffee & Conversation • Saturday, September 14 • 9:00 am**

Come out Saturday, September 14 at 9:00 am for coffee and conversation with the ladies. We'll meet at Panera Bread at 7510 Wooster Pike Cincinnati, OH 45227. No RSVP required. We hope to see you there!

#### **Men's Dinner • Tuesday, September 10 • 6:30 pm**

The men will meet for dinner and fellowship. **Please let Doug Eisele know via text or email (513.509.3237 or [doug@eiselefineart.com](mailto:doug@eiselefineart.com)) by Monday, September 9 at noon if you plan to attend. Further details & location will be determined based on number of RSVPs received.** If you know of other grieving dads, brothers, or grandfathers who may want to attend, please reach out and invite them. Ask them to RSVP before Monday, September 9 at noon.

#### **September Monthly Meeting • Tuesday, September 24 • 7:00 pm**

Heading Into The Holidays: We'll discuss ways to cope with the whirlwind of holidays that start, for most, with Halloween. Sharing circle will follow the program.

#### **October Monthly Meeting • Tuesday, October 22 • 7:00 pm**

Program topic to be announced. Sharing circle will follow the program.



We have a private group available on Facebook for Cincinnati East Chapter members. Join us!

<https://www.facebook.com/groups/tcfcincinnatieast/>



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<http://www.krogercommunityrewards.com/>



Shopping through Amazon Smile is another easy way to benefit our chapter.

Shop at <http://smile.amazon.com/ch/36-4051958>

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